

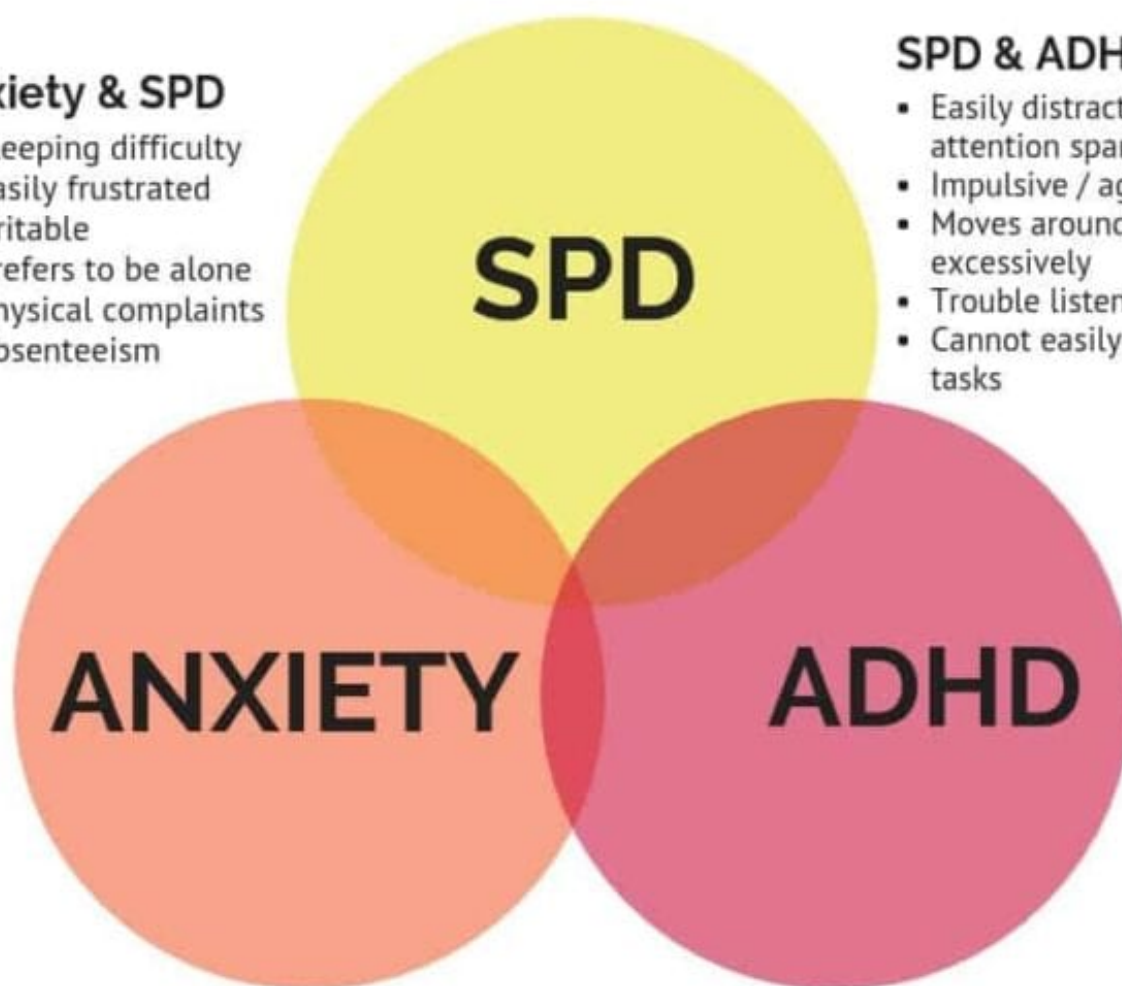
Overlapping Symptoms of Sensory Processing Disorder (SPD), Anxiety, and Attention Hyperactivity Deficit Disorder (ADHD)

Anxiety & SPD

- Sleeping difficulty
- Easily frustrated
- Irritable
- Prefers to be alone
- Physical complaints
- Absenteeism

SPD & ADHD

- Easily distracted, short attention span
- Impulsive / aggressive
- Moves around excessively
- Trouble listening
- Cannot easily complete tasks



Anxiety & ADHD

- Constantly worrying about school
- Poor academic performance (i.e. failing grades)
- Poor communication skills (i.e. taking turns, playing games with friends, conversation)

SPD, Anxiety, & ADHD

- Easily overwhelmed / Overstimulated
- Frequent meltdown
- Low confidence and self-esteem
- Difficulty in making/ keeping friends
- Often "tunes out" / Easily distracted / Finds it difficult to focus